

product information



Elmira Select Boneless Breast

Our highest quality Elmira Select Boneless Breast now has reduced sodium and comes in a larger 3kg box... all that for the SAME GREAT PRICE.

Serving Size	Calories	Fat	Sat. Fat	Trans	Cholesterol	Sodium	Carbs	Protein			
100 g	80	1g	0 g	0 g	40 mg	450 mg	0 g	17 g			
Product Num	ber: 3295 6	509	Fund	Iraising	Selling Price	: \$35.00	Pa	ck Size: 3.0 l			
Approximately 15 breasts											



Fully Cooked Breast Meat Ouik Strips™ s

Oven roasted and fully cooked, our 100% breast meat strips are a delicious addition to a stirfry, salads, wraps, pastas... the options are endless.

Serving Size	Calories	Fat	Sat. Fat	Trans	Cholesterol	Sodium	Carbs	Protein	
100 g	120	3 g	1.0 g	0 g	70 mg	410 mg	0 g	25 g	
Product Num	605	Fund	lraising	g Selling Price	: \$35.00	Pa	ck Size: 2.	.00 kg	



Breaded Chicken Nuggets SWG

Our chicken nuggets are made using only 100% white meat, then coated with our own crispy coating.

Serving Size	Calories	Fat	Sat. Fat	Trans	Cholesterol	Sodium	Carbs	Protein			
100 g	200	8g	1 g	0 g	25 mg	470 mg	20 g	13 g			
Product Number: 4385600 Fundraising Selling Price: \$25.00 Pack Size: 2.5											
Approximately 130-150 pieces											



Tender L'Oven Chicken Fillets GSW

An all time favourite... our whole tenderloin, lightly breaded and ready to cook in your oven! Serve with your favourite tasty sauce.

Serving Size	Calories	Fat	Sat. Fat	Trans	Cholesterol	Sodium	Carbs	Protein
100 g	180	6 g	0.5 g	0.29 g	30 mg	470 mg	17 g	14 g
Product Num Approximate			Fund	lraising	Selling Price	: \$27.00	Pa	ck size: 2. 0



Tender sliced whole breast portions lightly breaded in a spicy coating. Great on a sandwich or as a satisfying entrée with a salad or vegetables.

Serving Size	Calories	Fat	Sat. Fat	Trans	Cholesterol	Sodium	Carbs	Protein
100 g	180	5 g	0.5 g	0 g	30 mg	400 mg	20 g	15 g
Product Num Approximate			Fund	raising	Selling Price	: \$30.00	Pa	ck Size: 2.0



Breaded Chicken Burgers GSW

These breaded burgers are 100% white breast meat specially developed for both the oven and the fryer. A simple and convenient meal idea your kids will love!

Serving Size	Calories	Fat	Sat. Fat	Trans	Cholesterol	Sodium	Carbs	Protein	
70 g	140	5 g	0.5 g	0 g	15 mg	300 mg	15 g	8 g	
Product Num 30 burgers	ber: 4345 6	503	Fund	Iraising	Selling Price	e: \$22.00	Pa	ck Size: 2	.10 kg



JDS Classic Choice Beef Burgers s

Satisfy your hunger and sink your teeth into our NEW 5.3oz tender, juicy and delicious Classic Choice Beef Burger. Perfect for grilling it can be dressed up just the way you like it

Serving Size	Calories	rat	Sat. Fat	irans	Cholesterol	Soaium	Cards	Protein	
150 g	350	23 g	13 g	0 g	100 mg	640 mg	6 g	25 g	
Product Num 30 patties	96	Fund	lraising	Selling Price	: \$32.00	Pa	ck Size: 4	.54 kg	
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Breaded Stuffed Breast Chicken Divan GMSW

Tender, juicy all white boneless breast meat fillet with broccoli florets and a blend of Cheddar and Mozzarella cheeses; coated in a light, crisp breading. This popular filling is sure to please everyone.

Serving Size	Calories	Fat	Sat. Fat	Trans	Cholesterol	Sodium	Carbs	Protein	
118 g	220	11 g	3 g	0.2 g	40 mg	520 mg	16 g	16 g	
Product Num 12 portions	ber: 4395	604	Func	Iraising	Selling Price	: \$22.00		Pack Size	: 1.36 kg



Breaded Stuffed Breast Chicken Cordon GMSW

Tender, juicy all white boneless breast meat filled with processed Swiss cheese and ham: coated in a light, crisp breading. Make this part of your meal today!

Serving Size	Calories	Fat	Sat. Fat	Trans	Cholesterol	Sodium	Carbs	Protein	İ
118 g	230	10 g	3 g	0.2 g	45 mg	710 mg	16 g	16 g	
Product Num	ber: 4395	602	Fund	Iraising	Selling Price	: \$22.00		Pack Size	: 1.36 kg



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	Serving Size	Calories	Fat	Sat. Fat	Trans	Cholesterol	Sodium	Carbs	Protein			
	142 g	310	14 g	3.5 g	0 g	45 mg	740 mg	28 g	18 g			
	Product Num	har. 1/156	:02	Fund	Iraicino	Calling Drice	. \$35 AA	Da	ck Size. 2	56		

18 portions

Breaded Chicken Parmesan GMSW

Seasoned 100% white breast meat, formed and layered with real Mozzarella cheese and a blend of pasta sauce, Romano and Parmesan cheeses, coated in a light, crisp breading.

Serving Size	Calories	Fat	Sat. Fat	Trans	Cholesterol	Sodium	Carbs	Protein	
150 g	250	12 g	2.5 g	0.4 g	30 mg	730 mg	21g	15 g	ĺ
Product Num 18 portions	ber: 4395	600	Fund	Iraising	Selling Price	: \$35.00	Pa	ick Size: 2	.70 kg



Fully Cooked BBO Wings GWS

Our fully cooked BBQ wings are crispy and delicious. They are a sure hit with any crowd.

Serving Size	Calories	Fat	Sat. Fat	Trans	Cholesterol	Sodium	Carbs	Protein	
100 g	270	15 g	3.5 g	0.1 g	65 mg	520 mg	16 g	16 g	
Product Num			Fund	Iraising	g Selling Price	: \$30.00	Pa	ck Size: 2.	.0 kg



Dry Garlic Ribs

Try these delicious Dry Garlic Ribs to serve a perfect appetizer for your next get together. They can be served plain or topped with our Montreal steak spice seasoning for the perfect snack

Serving Size	Calories	Fat	Sat. Fat	Trans	Cholesterol	Sodium	Carbs	Protein	
105 g	210	13 g	4.5 g	0 g	70 mg	480 mg	3 g	20 g	
Product Num	Fund	lraising	Selling Price	\$25.00	Pa	ck Size: 2.	00 kg		



Our traditional turkey sausage has that distinctive Bavarian style flavour. Our sausages are great for any meal prepared in the oven, stove top or grill!

	Serving Size	Calories	Fat	Sat. Fat	Trans	Cholesterol	Sodium	Carbs	Protein	
	100 g	140	7 g	2.0 g	0.1 g	70 mg	470 mg	4 g	16 g	
Product Number: 6425600 Approximately 20 pieces				Fund	raising	Selling Price	: \$30.00	Pa	ck Size: 2.	.00 kg

For specific ingredient information please don't hesitate to call: 1-800-663-5694.

2012-2013	Fundraising	g Seasor
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Fundraiser Salesperson:	
Phone Number:	
Supporters make cheques payable to:	
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Supporter Name & Phone Number	3295609 Boneless Chicken Breasts \$35	4415602 Breaded Chicken Swiss Melt \$35	4385600 Breaded Chicken Nuggets \$25	4325603 Tender L'Oven Fillets \$27	4305602 Spicy Breaded Chicken Breasts \$30		4395602 Breaded Chicken Cordon \$22	4395604 Breaded Chicken Divan \$22	Breaded Chicken	6905605 Fully Cooked Breast Meat Quik Strips \$35	6205604 Fully Cooked BBQ Chicken Wings \$30	4145600 Dry Garlic Ribs \$25	1030196 JDS Classic Choice Beef Burgers \$32	6425600 Fully Cooked Turkey Sausage \$30	✓ Paid	Total Dollars
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4415602	Breaded Chicken Swiss Melt	4395600	Breaded Chicken Parmesan
4385600	Breaded Chicken Nuggets	6905605	Fully Cooked Breast Meat Quik Strips™
4325603	Tender L'Oven Fillets	6205604	Fully Cooked BBQ Chicken Wings
4305602	Spicy Breaded Chicken Breasts	1145600	Dry Garlic Ribs
4345603	Breaded Chicken Burgers	1030196	JDS Classic Choice 5.3oz. Beef Burgers
4395602	Breaded Chicken Cordon	6425600	Fully Cooked Turkey Sausage

Delivery Date:	Where:	Time:
		